

HYRAX PALATAL EXPANSION **APPLIANCE**

This is a type of orthodontic appliance that requires very special attention.

1. The usual activations or turns are in the morning and once at night, approximately 12 hours apart.
2. The upper two front teeth will gain a space between them, and they usually become tender.
3. When the appliance is activated or turned, you may experience “pressure” in the nose and possibly around the eyes. This is normal, but if you experience PAIN:
 - a. Turn the key back to its original position.
 - b. Stop any further activations or turns.
 - c. Call the office to come in and have the appliance checked.
4. CLEANING: Brush around the appliance well and try to rinse vigorously. Do not poke things under the appliance. And Avoid any “sticky” or “chewy” foods. Examples: gum, taffy, Snickers bars, and things of this nature.