

RETENTION INSTRUCTIONS AFTER BRACES REMOVAL

We know you are pleased to have your braces removed. This marks the end of an important phase of treatment and the beginning of another. As you know, we are now entering an extended period of retention and observation. You will now be wearing a retainer appliance. We have given you specific instructions about the proper wear and care of the appliance.

COOPERATION DURING FINISHING AND RETENTION

It is particularly important that you continue to give us the same full cooperation. The new appliance must be worn as directed to successfully complete this next stage of treatment. We ask your help in securing this cooperation.

The bone, muscles, and teeth must now adapt to their new position. We expect to accomplish this with the new appliance. The retainers are, exactly as named; retain the results obtained by your braces. Failure to wear the retainers according to the prescribed schedule will result in unwanted tooth movement for which we will not be responsible.

Retainer appliances are worn full time for approximately one year, then less frequent wear thereafter. We recommend continued use throughout the next several years to preserve the final results which we all have worked so hard to attain.

IF THE APPLIANCE IS NOT WORN AS PRESCRIBED, THERE MAY BE SOME UNDESIRABLE CHANGES (MOVEMENT OF TEETH), AND REBANDING MAY BECOME NECESSARY.

Appliances which are carelessly broken or lost will be replaced with an additional charge.

FUTURE APPOINTMENTS

We will want to inspect and adjust your retainers at every visit! Appointments will now become less frequent; however, it is most important that all appointments be kept.

FINALLY, we want to say thank you for giving us the chance to make your smile the very best possible!